



# STRIVE TOWARDS YOUR GOALS

In last week's column, we put the spotlight on the real importance of working towards achieving your personal, financial, educational and career goals.

In working to realise your precious ambitions, it's a good idea to find a mentor who can give you the knowledge and inspiration to bring your dreams to life.

Through receiving the necessary support and guidance from someone who has succeeded in various aspects of their lives, you'll get bursts of inspiration to bring your dreams to life.

To up your chances of turning your ambitions to reality, it's best to set small goals with specific time frames as you work towards achieving your bigger goals.

As you achieve these small goals, you will

be motivated to keep striving towards realising the dreams that you have set for your life.

So, for example, if you can't drive and really want to start driving your own car in 2016, it's best to write down when you want to book your learner's licence and then your driver's licence.

Once you proudly have your driver's licence in hand, you then need to decide on the small steps you need to take towards financing your car.

In realising one goal, you'll most probably be really inspired to keep putting in the necessary effort, focus and dedication to bring your dreams to life.

While working towards your ambitions isn't always easy, it's all worth it in the end!

# My two ladies fell pregnant

*Dear MizzB*

*I'm really confused because I fell in love with two girls while I was at university. In my third year, they both fell pregnant.*

*Last year, they found out about each other and that they both have kids with me.*

*I have to choose one of them and let the other go. What should I do? Who should I betray and why? – Needing Help*

*Dear Needing Help*

It must be really hard on you that you're in a relationship with two women and need to choose between them. You can't protect either one of them from getting hurt because the damage has already been done.

No one deserves this. You need to take full responsibility for both kids. Knowing what you want in life and in the relationship will help you make the right decision.

# I can't forget my ex-boyfriend

*Dear MizzB*

*I was dating this man who suddenly started ignoring me. Now I can see that he was just after sex. The problem is I love him and I can't forget him. I think of him every day. Sometimes I call him on a private number so I can just hear his voice and then a burden will be lifted off my shoulders. I don't know what to do. Am I that desperate for love? – Stressed*

ing someone you love is not going to be easy. It may take time for you to accept it. Always try to focus on something positive in your life that you are grateful for.

Sometimes people come into our lives for different reasons. You are still in control of your life, but you can't control how other people feel about you. You may feel empty, vulnerable and lonely right now, but you can still enjoy life without him. Hopefully one day you will find the love of your life, someone who will love and respect you.

*Dear Stressed*

You sound very sad, frustrated and disappointed with the break up. Los-



## NEED HELP?

email: [mizzb@lovelife.org.za](mailto:mizzb@lovelife.org.za) or send a **PLZ CALL ME** to 083 323 1023 or Twitter: @loveLifeNGO / Facebook: [www.facebook.com/loveLifeNGO](http://www.facebook.com/loveLifeNGO), Website: [www.loveLife.org.za/youth](http://www.loveLife.org.za/youth), loveLife Mxit at loveLifeMX

