



**BE FREE WITH MIZZB**  
**ASK A loveLife COUNSELLOR**

# DON'T FRET IF YOU FAILED MATRIC

Halalaa to the matriculants of 2014 who passed with flying colours! Your hard work and dedication have really paid off. But if you didn't do so well, don't despair; you have another chance to go for it.

You can't afford to give up on yourself. Your family might be disappointed, but it's only because they care about you and will support your efforts to improve.

Tips for dealing with disappointment:

1 Allow yourself time to heal. Before making any big decisions, you'll need to deal with your disappointment.

2 If you're in doubt about your marks, ask your school about rechecking and re-

marking.

3 Find out about the possibility of upgrading your symbols in matric supplementary exams. This is a really good option if you've failed one or two subjects.

4 Enrol with an institution that offers matric rewrite programmes. Make sure that the institution is reputable and recognised by SAQA.

5 Take a gap year to do community work where you can acquire communication skills.

Send a Please Call Me to loveLife's Contact Centre on 083 323 1023 to find out about becoming a loveLife mpintshi.

# Get your bilharzia treated right away!

Dear MizzB

*I am a 22-year-old guy and I have problem. I have had bilharzia for almost four years now. What are the negative effects of it?*

■ **Worried**

Dear Worried

Bilharzia is a disease caused by parasitic worms. It may infect the

urinary tract or intestines. Symptoms may include stomach pain, diarrhoea, bloody stools and blood in the urine. Liver damage, kidney failure, infertility or cancer of the bladder may occur in people who have been infected for a long time. In children, bilharzia can cause poor growth.

# Is my girlfriend just using me?

Dear MizzB

*My girlfriend and I both work but she never meets me halfway on anything. I must pay her rent, give her money for lunch at work and buy her cosmetics and clothes. Whenever she uses her money, she claims it back from me. Is her behaviour healthy or is she just using me?*

■ **Irritated**

Dear Irritated

Relationships can be difficult, so it's very important for couples to discuss their expectations at the beginning of the relationship. This way, you get to understand what your partner expects from you and what you expect from them. Discuss your unhappiness with your girlfriend.

# His family says I'm not carrying his baby

Dear MizzB

*I'm 27 and live with my boyfriend (26). We've been dating for four years and everything was perfect. I'm eight months pregnant and we are both happy about it. But his family says I'm too old for him and that I'm not carrying his baby. Now he's not talking to his family and I*

*feel bad about it.*

■ **Guilty**

Dear Guilty

Your boyfriend is taking a stand and you should focus on him and ignore other people outside the relationship. Focus on making your relationship work. Maybe you should seek couple's counselling.



## NEED HELP?

email: [mizzb@lovelife.org.za](mailto:mizzb@lovelife.org.za) or send a **PLZ CALL ME** to

083 323 1023 or Twitter: @loveLifeNGO /

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